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THE REEL GUYS OFFER THEIR FAVE UNDEAD FLICKS PAGE 11

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GREY CUP FACEOFF

Metro's Emina Gamulin faces down her mirror image as she sports the logos of the Toronto Argonauts and the Calgary Stampeders. The two teams will battle for the CFL championship on Sunday. More coverage of the 100th Grey Cup, pages 18 and 20. FACE PAINTING: NATASHA KUDASHKINA; PHOTOS AND PHOTO ILLUSTRATION: DAVID VAN DYKE/METRO

Give refugee chemo: Wall

The premier criticizes the federal government's refusal to pay for treatment for a man fleeing persecution PAGE 2

Rider Pride storms the Big Smoke

Green and white and primed to party: More than 8,000 fans are expected to attend Riderville in Toronto PAGE 3

Game-day grub that scores

Feed Grey Cup fever with this uniquely Canadian maple bacon butter pizza PAGE 17

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PAID BACK TO MEMBERS IN 2012

NEWS 1

Impact of refugee health cuts 'unbelievable,' premier says

Un-Canadian. Changes to Ottawa's health program have left refugees without access to health care

Saskatchewan Premier Brad Wall is criticizing a federal decision to deny chemotherapy to a refugee as "unbelievable" and un-Canadian.

Wall says he doesn't understand the rationale behind the move.

"It's unbelievable that some of the decisions that have been taken federally are having this impact on people who are clearly the most vulnerable, refugees who are obviously fleeing something quite terrible — that's why they're refugees," Wall said Thursday.

"This is the kind of country we are. You cover it."

The refugee arrived in Saskatoon several months ago after fleeing a Middle Eastern country where he was persecuted for being Christian. Soon after arriving, he started having abdominal pain and was diagnosed with cancer.

The federal government said it would not pay for chemotherapy, Saskatchewan Health Minister Dustin Duncan revealed Wednesday.

Ottawa announced changes in the spring to the Interim Federal Health Program, which provides temporary health coverage for protected persons, refugee claimants and other groups not eligible for provincial health insurance.

The federal government said it hopes the changes will deter bogus refugee claims and ensure failed asylum seekers don't take advantage of Canada's free health care.

Duncan said Wednesday that confusion abounds. He said provinces are frustrated because there is a lack of clarity in terms of what Ottawa will continue to cover.

Saskatchewan has picked up the tab for the man's chemotherapy.

"This country is rich. We are rich beyond measure compared to the countries where these folks are fleeing from and so it's our view that we should just be there to help.

"That's kind of a basic Canadian value, I think," said Wall. THE CANADIAN PRESS

Budget cuts

- Under Ottawa's changes to the Interim Federal Health Program some refugee claimants saw cuts to their drug, dental and vision coverage.
- Additionally, those whose refugee claims are rejected and those from a yet-to-be defined list of "safe" countries will only receive medical care if their condition is deemed a risk to public health or safety.

Premier Brad Wall addresses the media at the Saskatchewan Legislature Thursday morning. JEFF MACKEY/METRO

Heavy snowfall

City responds to winter weather

Freezing-rain-turned-ice and heavy snowfall are affecting driving conditions in and around the city as crews continue to clean up the roads.

"As we are plowing the streets, it's basically exposing some pretty slippery conditions," said Chris Warren, manager of Regina's winter district maintenance.

Warren said the city is in 24-hour systematic response and has 20 plowing graters and six ice controllers on the road. As of Friday morning, Warren expects three-quarters of the city's major streets to be plowed.

RCMP have responded to more than 40 traffic complaints and accidents, including a police car rollover on Highway 11. METRO

Highway conditions deteriorated in the province Thursday. CONTRIBUTED

Anniversary

Art gallery looks back at 50 years

Regina's oldest public gallery is celebrating its 50th birthday with a look at past exhibitions.

"We are not feeling old, we are feeling much younger," said Curtis Collins, director of the Dunlop Art Gallery. He said the gallery has created cover works based on exhibitions from the past five decades, with the hopes of "mimicking the past as a way to project the gallery forward."

The large-scale installation, called Golden Jubilee and created by Regina art collective Turner Prize, will premiere Friday night from 7 p.m. to 10 p.m. and features "showering gold" performance art, two DJs, a cake-cutting ceremony and a champagne toast. METRO

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Rider Nation taking over Toronto for 100th Grey Cup

Green pride. Riderville organizers are expecting more than 8,000 people to attend the event

While the province's beloved boys in green and white may not be playing in the 100th Grey Cup this year, Rider Nation is still planning on taking over Toronto.

Sanchu Chafin, 31, and at least six of his friends have been attending the Grey Cup game for more than three years now, making the trek an annual event.

"We planned (this trip) about a year ago," said Chafin over the phone from Toronto. "We're super decked out in our colours, and we're going to sing Rider Pride songs and I think each of us brought at least two jerseys."

Chafin and his friends travelled from Saskatchewan to Ontario to see the game and, most importantly, celebrate the Roughriders with other Riders fans at Riderville — a three-day event bringing Rider Nation together in Toronto.

"It's the best way to end the season. You meet other fans from Saskatchewan and all over.... It's an awesome party," said Chafin.

Riderville organizers are expecting more than 8,000 people to attend the event, which will feature live music from Saskatchewan bands.

Tickets to enter Riderville in Toronto are $20 each and are available at the door.

JANE CAULFIELD/METRO IN SASKATOON

Twitter

@papamarts: Grande prairie airport, on our way to @100thGreyCup, gonna join the rest of the #ridernation

@JadeGritzfeld: 6 AM at YQR airport and green everywhere. #RiderNation off to #100GC

@MeganBerling: Dad got a blood test, the nurse was wondering why it was green. @sskroughriders #ridernation

Roughrider fans, seen in front of Mosaic Stadium earlier this year, are known for their passion. While the Riders may not be playing in the 100th Grey Cup game this year, Rider Nation is still sharing its passion for the sport, and team, in Toronto at the game. JEFF MACKEY/METRO

Progress

Premier offers an update on his Movember moustache

Premier Brad Wall's moustache progress has been slow, but steady this Movember.

Wall said his new look has not been too popular with colleagues and family, "except for my son Colter," said Wall, "who wants it to continue into Mocember, Moanuary, and all the Mos throughout all the year."

You can donate to Wall's Movember campaign, which raises money for prostate cancer and men's health, at mobro.co/premierbradwall. Wall has already raised over $6,500.

JEFF MACKEY/METRO

Premier Brad Wall gave the province an update on his moustache growth on Thursday. CONTRIBUTED

Health

Social workers to diagnose certain mental disorders

Changes are underway to allow social workers in Saskatchewan to diagnose addictions and certain mental-health disorders.

Social Services Minister June Draude has introduced legislative amendments that would let qualified social workers diagnose conditions such as depression, eating disorders and anxiety disorders.

Draude says the change will reduce wait times for people needing mental-health services, especially in rural and remote areas.

The Saskatchewan Association of Social Workers says up to 50 social workers may qualify to perform diagnoses.

Draude says those social workers will have at least a master's or graduate degree along with additional clinical training.

The minister says Alberta and British Columbia already have similar rules in place. THE CANADIAN PRESS

Online

For more local news go to metronews.ca

Pre-emptive strike. Tories target Trudeau as poll suggests growing favour

Conservatives have launched their first concerted attack on Justin Trudeau — and a new poll may explain why.

The Canadian Press Harris-Decima survey suggests the Liberal leadership front-runner's popularity is not the fleeting celebrity phenomenon that the skeptics had assumed.

It's actually increasing and has the potential to siphon off votes from all parties, including the Tories.

Forty-two per cent of respondents said they'd be certain or likely to vote Liberal in the next election if Trudeau was at the helm — enough to form a comfortable Liberal majority government.

The poll was released Thursday just as the Conservatives pounced on a two-year-old television interview to accuse Trudeau of being anti-Alberta.

In the interview with the Tele-Quebec program Les francs-tireurs, Trudeau said: "Canada isn't doing well right now because it's Albertans who control our community and socio-democratic agenda. It doesn't work."

Trudeau's campaign swiftly issued a statement accusing the Tories of using "out-of-context statements made years ago in a long interview" to launch a desperate "smear campaign" aimed at reviving the faltering Conservative by-election campaign in Calgary Centre.

The resurrected Trudeau quotes piled on a gaffe a day earlier by Ottawa Liberal MP David McGuinty. He resigned his shadow cabinet post as natural resources critic after saying Alberta Tory MPs are "shills" for the oil industry and should go home.

THE CANADIAN PRESS

Justin Trudeau GETTY IMAGES FILE

It's good! GG set for Grey Cup kickoff

Gov. Gen. David Johnston practices kicking a football on the grounds of Rideau Hall, the official residence of the governor general, in Ottawa, Thursday. Johnston was getting ready for the Grey Cup kickoff this Sunday.

FRED CHARTRAND/THE CANADIAN PRESS

Cyber-bullying

Mother drops acorn-tree removal request

Donna Giustizia, a mother who sought to have oak trees uprooted and replanted far away from her children's Toronto-area school due to concern over acorn allergies says fierce public reaction and "cyber-bullying" has led her to drop her request. She made the request to city councillors in Vaughan, Ont. THE CANADIAN PRESS

Funding required

Cities headed for 'infrastructure cliff': Mulcair

Tom Mulcair says Canada's municipalities are heading for an "infrastructure cliff" unless the federal government commits to long-term, stable funding to repair crumbling roads, and water and sewer systems.

And the NDP leader says that commitment must be made in the 2013 budget, since the current Building Canada Fund is set to expire in 2014. THE CANADIAN PRESS

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SHOPPERS DRUG MART

Charter rights. Challenge to anti-terrorism tactics will see highest court

Mohamed Harkat THE CANADIAN PRESS

The Supreme Court of Canada will decide just how open the process should be when the federal government wants to deport a suspected terrorist from abroad.

The high court agreed Thursday to hear a challenge of the national security certificate system, a rarely used means of removing non-citizens accused of being terrorists or spies.

It will also review crucial issues related to evidence in the case of Algerian refugee Mohamed Harkat, arrested 10 years ago in Ottawa under a security certificate.

The hearing will come more than five years after the Conservative government retooled the certificate regime to make it consistent with the Charter of Rights and Freedoms. The Supreme Court will rule whether those reforms went far enough.

Harkat, 44, was taken into custody in December 2002 on suspicion of being an al-Qaida agent. He denies any involvement in terrorist activities.

The person named in a security certificate receives only a summary of the case against them — stripped of supporting information — which critics say makes the process wholly unfair. THE CANADIAN PRESS

Custody battle

Supreme Court won't hear 'fetus abduction' case

Canada's top court has declined to hear an appeal involving an Ontario woman's right to choose where to have her baby.

The case was prompted by a mother who left Canada when she was seven months pregnant. After the baby was born in California, the father started a custody battle in Ontario.

A lower court agreed to hear the dispute, saying what the mother had done was tantamount to kidnapping. THE CANADIAN PRESS

Multiple sclerosis

Tories shut down MS therapy bill

The Conservatives have used their Senate majority to kill legislation that would have authorized a national strategy to deal with a controversial therapy for multiple sclerosis.

The Tory senators argued this is a matter for science and medicine, not Parliament.

The bill would have required a national strategy and formal trials of what is known as liberation therapy, which involves opening up blocked neck veins.

THE CANADIAN PRESS

B.C. court hears dogs were killed to be kind

Animal cruelty. Sled dog operator says he was forced to kill 56 dogs after company froze spending on care

Ingrid Katzberg attends the sentencing hearing for Robert Fawcett on Thursday. DARRYL DYCK/THE CANADIAN PRESS

A man who pleaded guilty to the slaughter of dozens of sled dogs will not spend time in prison, a judge has ruled, concluding the man had the "best interests" of the dogs at heart when he culled the pack near Whistler after a slump in business following the 2010 Olympics.

But while Judge Steve Merrick said he agreed with a psychiatrists' assessment that Robert Fawcett's actions were the result of mental instability, he noted: "(You) ought to have anticipated the possibility of the horrific circumstances that could result."

The aftermath from the April 2010 killing was laid bare in B.C. Supreme Court for the first time Thursday by Fawcett's lawyer, who described how hard it was for his client to even listen to details of killing his beloved animals again.

Fawcett admitted in August to killing the dogs following a post-Olympic slump in sales. Court heard he felt forced when the owners of Howling Dog Tours put an "absolute freeze" on spending, other than for food and the bare minimum of labour.

At that point, Fawcett was working 150 hours over two weeks to care for the animals and watching their conditions deteriorate to the point where they were fighting and killing each other in their kennel.

"In part, he accepted the burden because he felt he could do it compassionately and he did not want that burden placed on anyone else," defence lawyer Greg Diamond said.

Fawcett pleaded guilty to one count of causing unnecessary pain and suffering to animals, which relates to the deaths of nine dogs. More than 50 dogs were exhumed from a mass grave in May 2011 as part of a forensic investigation by the B.C. SPCA. Court heard most of the dogs that were shot did not suffer.

B.C. SPCA employees examine the mass grave for dogs. CONTRIBUTED/B.C. SPCA

Animal euthanasia is legal in Canada. THE CANADIAN PRESS

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A worker cuts a shark fin on June 12 at a fish market in Dubai. The global trade in shark fins totals hundreds of millions of dollars a year, and tens of millions of sharks around the world may be caught every year for their fins. The European Parliament voted to ban the practice of shark finningThursday. KAMRAN JEBREILI/THE ASSOCIATED PRESS FILE

EU Parliament votes to ban shark finning

Speciality. Practice stems from the high price the body parts fetch in China for shark-fin soup

The European Union took a major step to protect sharks on Thursday, banning the brutal practice of hacking off their fins before throwing them back into the sea to die.

The European Parliament voted by an overwhelming 566-47 margin to force all boats in EU waters and EU-registered vessels around the world to land sharks with their fins attached and prove the animal had not been thrown back finless.

The practice of shark finning stems from the high price the body parts fetch in China for shark-fin soup, a specialty at high-class banquets, and the low value of the rest of the body. The consumption of fins has risen as China's living standards have increased. Fins can sell for as much as $700 US a pound.

The European Union has said that some 75 million sharks are killed for their fins only. Since the EU is the biggest exporter, the move should have a sizable impact on shark populations.

The International Union for the Conservation of Nature says that about one-third of sharks and rays are threatened both in EU waters and around the globe.

THE ASSOCIATED PRESS

Conservation concerns

- Spain is the top fin exporter. The Oceana conservation group said the EU is the largest shark-fishing power in the world, with 17 per cent of reported shark catches, and the largest exporter of shark fins to Hong Kong and mainland China.

Bid for freedom

White tiger attacks zoo employees

A rare white tiger attacked three employees in a Czech zoo Thursday after escaping from its enclosure, officials said.

Lenka Markovicova, spokeswoman for the rescuers in the northern city of Liberec, said one man has been hospitalized with head injuries. She said he is not in life-threatening condition. Two women suffered minor injuries and were also taken to the local hospital for treatment.

THE ASSOCIATED PRESS

Not welcome. Chris Brown cancels Guyana concert over protests

Organizers say American R&B star Chris Brown has cancelled a stadium concert in Guyana after local protests over his 2009 beating of then-girlfriend Rihanna.

Brown was billed to headline a Dec. 26 show. But he drew the ire of women's rights groups and opposition lawmakers who said Brown would not be welcome in Guyana three years after his assault of the Barbadian superstar.

Concert promoter Hits & Jams Entertainment said Thursday that Brown backed out, citing discomfort with the protests. THE ASSOCIATED PRESS

Singer Chris Brown cancelled his concert in Guyana because he was uncomfortable with local protests staged by women's rights groups. THE ASSOCIATED PRESS

Beker injects some attitude into plus-size clothing

Retail. Fashion guru's capsule collection for Addition Elle aims to fill gap in market

With a sister and childhood friend who are both plus-sized, the lament about a lack of stylish options for full-figured women was one Jeanne Beker has heard plenty of times.

"My whole life growing up, I heard those kinds of complaints and the kinds of frustration that they were going through," the longtime fashion and media maven and Metro columnist said in an interview.

"Everything just seemed so 'missy,' or people were complaining about the kinds of prints that they were being offered, and they weren't being offered a lot of that same attitude that we saw in the regular-sized lines. Now, it's all coming together."

Beker will be putting her own sartorial stamp on fashions for fuller-figured women through a partnership with Addition Elle.

The style columnist and Fashion Television Channel host teamed up with the retailer on a plus-size capsule collection. The collaboration will bring extended sizing of the Edit by Jeanne Beker line to Addition Elle stores starting next spring.

Edit by Jeanne Beker, launched at the Bay in 2010, is a line she envisioned as essentials to be mixed and matched and serve as the "bare bones" of a woman's wardrobe.

Beker said about two seasons into the creation of Edit they made a foray into the plus-size market. While some of the pieces "would just fly off the rack," she said others weren't resonating to the same degree.

"We started thinking: 'You know, what are we doing wrong?' because the regular-sized line is doing so well. ... And what we realized was that some pieces just don't translate." THE CANADIAN PRESS

Jeanne Beker, left, with a model wearing items from the Edit by Jeanne Beker for Addition Elle capsule collection, which will arrive in stores next April. ADDITION ELLE/THE CANADIAN PRESS

Quoted

"There really has been a void in the (plus-size) market I think for clothes that just were sophisticated in a sense, but with a hip kind of maybe edge to them; like a kind of attitude we weren't seeing." Jeanne Beker

Collection

- The 19-piece capsule collection will feature fashions ranging in size from 14 to 24 with items priced between $69.99 and $139.99.
- The debut spring line will arrive at 50 Addition Elle stores across Canada next April.

RIM. Shares jump 17%, but analysts stay cautious

Shares in Research In Motion spiked dramatically Thursday after days of steady gains, but analysts were still guarded about the potential success of the BlackBerry maker's new operating system.

On a day when the U.S. markets were closed, shares in Research In Motion surged 17.3 per cent to close at $12, up $1.77, its best performance in months on the Toronto Stock Exchange.

Telecom analyst Troy Crandall predicted, however, that the BlackBerry 10 operating system has only a small probability of successfully taking consumers away from Apple and Android devices when it's released in early 2013.

Crandall also said he doesn't consider it normal that shares in Research In Motion surged 17 per cent in a single day. "Stocks should not have this type of volatility unless there's something extraordinary going on below the surface," he said.

"I think that's really what you're getting and a lot of that is coming from the short selling and it's magnified by the fact that the U.S. markets are closed." THE CANADIAN PRESS

Quoted

"It's not that we're super hopeful that this is going to work out."

Telecom analyst Troy Crandall, on the odds of BB10 luring consumers away from competing devices

Market Minute

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Canadian homes slightly more affordable in third quarter

The cost of home ownership became more affordable in the most recent quarter due to a modest decline in home prices and gains in Canadian household incomes, according to a Royal Bank study.

RBC's affordability index for a detached bungalow stood at 42 per cent of income nationally in the third quarter.

That means an owner would need to spend 42 per cent of pre-tax annual income to pay for mortgage payments, utilities and property taxes — one percentage point lower than in the second quarter of 2012.

That assumes an average home price of $362,100 and an average qualifying income of $78,100, but those measures varied widely from market to market.

Mortgage rules

- RBC notes that Canada's housing market cooled further in the third quarter partially because of the effects of a fourth round of rule changes to government-backed mortgage insurance.

The index fell even more for two-storey homes, by 1.2 percentage points to 47.8 per cent and eased 0.6 percentage points to 28 per cent for condos.

"The costs of owning a home at current market prices took a smaller bite of household budget in all major markets in Canada in the third quarter of 2012," the report said.

The bank, which publishes the index on a quarterly basis, says ultra-low interest rates have been the key factor in keeping affordability levels from reaching dangerous levels in recent years.

Still, top government officials have warned that low interest rates are encouraging some buyers to spend beyond what they'll be able to afford when rates inevitably rise. Household debt stands at a record 163 per cent of income. That means for every dollar Canadians earn, they owe $1.63 in debt.

Despite the recent improvement in affordability, RBC said the amount of income to service home ownership costs continues to be higher than long-term averages.
THE CANADIAN PRESS

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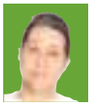
We are proud to introduce two new members to the Regina team!

Clair Whittington • 530-9819 • clair@maxwellrealty.ca
I was born & educated in the UK, and moved to Saskatchewan with my family in 2004. I love Regina! It is an amazing, vibrant city with tons of opportunities for business and family life! I have recently taken the responsibility of becoming the Broker for MaxWell Altima Realty. I believe that our agents are the most professional, well trained and most conscientious Real Estate professionals in Regina, and I look forward to welcoming new and returning clients to our Brokerage!

Brenda Evans • 533-3649 • bevans@maxwellrealty.ca
I have been a Realtor® in the city since 2006, & I specialize in Residential Real Estate. I live in the North end of the city with my children, and balance my busy career with my family life. I am excited to be part of the MaxWell Altima Realty team & welcome both old & new clients to contact me for any Real Estate needs!!

Open House: Sunday, November 25 from 12pm to 3pm
67 Walden Crescent Hosted By: Ryan Bender

GREY CUP KICKS OFF, TWINKIE DEMISE MAY BE INTERCEPTED



THE LIST
Mike Benhaim
metronews.ca

1 **Snack attack:** Newly-defunct Hostess Brands Inc., who brought you Twinkies and Ding Dongs, is liquidating its assets. Major competitor Flower Foods saw their stock rise amid rumours they may acquire parts of Hostess' business. They are especially optimistic about states with legalized marijuana.

2 **Stay tuned:** CBC has asked the CRTC to ease regulations so they can respond to changing technological demands. Details of the proposal were missed by CRTC members struggling to adjust the coat hangers on their antennae.

3 **Quantum leap:** Astronomers have discovered a new planet thought to be 13 times larger than Jupiter, and 2.5 times the mass of the sun. So my question is, how did we miss this? Thank you for making my fourth grade science teacher look like a putz.

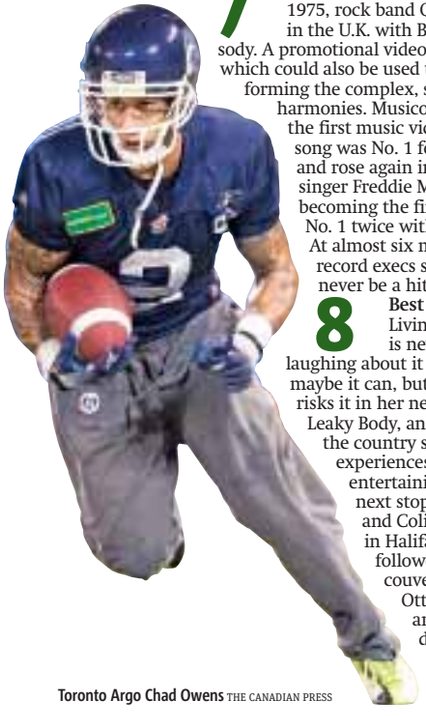
4 **Swift reaction:** Apparently, Taylor Swift was not amused by jokes of her breakup at the CMAs, marking the point that comes for all celebrities when they begin taking themselves too seriously. Imagine joking publicly about a song based on her private relationship that, over the last three months, has been played more than the national anthem. Well, I never, ever, ever...

5 **Love hurts.** Last July in Florida, a 72-year-old husband was stabbed in the arm by his 27-year-old wife after accusing her of cheating (you don't say). Now separated, Brygida Scheffler told police she's seen her ex drive by her home, and believes he is stalking her. Maciej Nowicki says he did not "intentionally" follow her. He probably just forgot where he lived ... and that she stabbed him!

6 **100th Grey Cup.** The Toronto Argos play host to the Calgary Stampeders on Sunday, and people from coast to coast are pumped for this historic event. The game will feature performances by everyone from Burton Cummings and Gordon Lightfoot to Justin Bieber and Carly Rae Jepsen. The only drawback is that we'll have to hear Call Me Maybe one more freakin' time.

7 **We Will Rock You.** This week in 1975, rock band Queen was No. 1 in the U.K. with Bohemian Rhapsody. A promotional video was released, which could also be used to avoid performing the complex, studio-perfected harmonies. Musicologists call this the first music video ever. The song was No. 1 for nine weeks, and rose again in 1991 after singer Freddie Mercury died, becoming the first song to make No. 1 twice with one version. At almost six minutes long, record execs said it would never be a hit.

8 **Best medicine.** Living with illness is never fun, but laughing about it can't hurt. Well, maybe it can, but Julie Devaney risks it in her new book, My Leaky Body, and she is touring the country sharing her experiences in the most entertaining way. Her next stop is the Crohn's and Colitis symposium in Halifax on Sunday, followed by Vancouver, Winnipeg, Ottawa, Kingston and Montreal. For details, check out myleakybody.com.



Toronto Argo Chad Owens THE CANADIAN PRESS

OK computer, say hello to 2012

GEOFFREY ROBINSON/REX FEATURES

Digital devices

Fossilized hardware resuscitated

The world's oldest original working digital computer has been rebooted after lying forgotten in storage for 20 years.

The 61-year-old Harwell Dekatron (a.k.a. Witch) computer has clattered back into action at The National Museum of Computing, based at Bletchley Park, Buckinghamshire, England, after a three-year restoration project. METRO

Number crunching

Designed to be reliable, but not fast

The machine — one of a dozen in the world — was first used in the 1950s at the Atomic Energy Research Establishment in Oxfordshire for mathematical modelling.

It has survived over the last six decades while its contemporaries have been recycled or destroyed. The computer took up to 10 seconds to multiply two numbers, but still mustered 80 hours of running time in a week. METRO

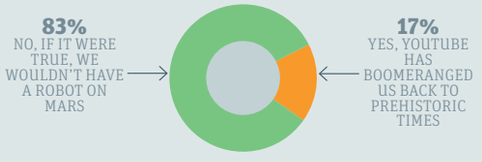
How they compare

	Witch (1951)	iPhone 5 (2012)
• **Power.**	1.5kW	2 W
• **Input.**	Punched paper tape	Touchscreen
• **Weight.**	2,540 kilograms	112 grams
• **Size.**	2m x 6m x 1m	12.4 cm x 5.9 cm x 0.8 cm
• **Memory.**	7.2 KB	16 GB
• **Speed.**	100 hertz	8 megahertz
• **Control.**	18 switches	One button

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you agree with a U.S. biologist who says human intelligence has been on the decline since cavemen roamed the Earth?



Twitter

@lastchapterz: Dear mother nature: SERIOUSLY?! Sincerely, Everybody in the #yqr and area

@Duncan_Noel: Decided to walk to #agribition in a snowstorm this morning. Hope someone is selling Kleenex here. #snotsicles #yqr

@JimFarney: will pay taxes for snow clearing. #skpoli

@JanineLothian: Watching from the window at work people are just slipping and sliding all over the place! Its entertaining but clean the roads already! #YQR

@tomcintosh: Nice to see Wall put some sunlight btwn him & Harper on refugee health care. Now time for #skpoli CPC MPs to stand up for basic decency.

metro
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Need a film to lighten the zombie experience? Try Shaun of the Dead HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Films to occupy in the zombie off-season

Bye, bye brain eaters. With The Walking Dead season drawing to an end, the Reel Guys offer some undead suggestions

Richard: Mark, several episodes from this season's Walking Dead were among the best television of the year. It owes a HUGE debt to George A. Romero's classic Night of the Living Dead, but I still watch even though it gives me weird dreams every Sunday night. To calm my jangled nerves, I've been checking out zombie comedies like Shaun of the Dead and Cemetery Man. Everyone knows Shaun, but Cemetery's weird story is worth a look. Are you a zombie fan?

Mark: Depends on the zombie, Richard. I didn't get a chance to catch up with the Walking Dead series because I was too busy watching the brainwashed terrorist zombies in Homeland. A different kind of zombie, to be sure, but zombies all the same. I think the faster the zombies move, the more I like the movie. Those slow-walking, arms-outstretched flesh eaters aren't that different than most of the clubbers I see at closing time on Saturday nights. I've never seen Cemetery Man, but it looks interesting. Thanks for the tip.

RC: The whole slow-moving zombies versus fast-moving zombies debate is an argument for the ages. I guess I'm a traditionalist. I like the Romero zombie, the bumbling undead who mindlessly and relentlessly keep hunting for braaains. Dawn of the Dead, I Walked with a Zombie and Lucio Fulci's Zombi are masterpieces of the slow shuffle. You might like the remake of Dawn of the Dead. Man those zombies can run!

MB: I did like that one, along with Zombieland, Dead Snow (Nazi zombies, what's not to like?), and the zombie comedy (zomcom?) Fido starring Billy Connelly as a kindly zombie. But the big question in all the zombie films is: How do you get away from a zombie? Well, it seems that the meat that tastes closest to human flesh is pig! So I say, when confronted with a pack of zombies, let loose the porkers!

RC: Good advice. I'd add another zombie apocalypse tip I picked up from the movie Zombieland. You are at your most vulnerable while sitting on the toilet, so hold it as long as you can. Also, having a machine gun where your leg used to be, à la Rose McGowan in Planet Terror, can be very useful.

MB: I'm old school, Richard. I prefer having both legs to utilize the strategy of actually running away. And remember, when being chased by a zombie, you don't have to be the fastest runner, just faster than the guy behind you.

Synopsis

As The Walking Dead shambles toward its season finale in December, the Reel Guys suggest some infectious zombie movies to keep you entertained until the show lumbers back to air next year.

Twilight's mysterious Volturi provide plenty of spinoff potential. HANDOUT

Twilight's little piece of forever to get more time on the big screen?

Spinoff speculation. The last film in the series has hit theatres, and the Twilight team won't dismiss rumours of another installment

The thing about vampires is they live forever.

And so now that the blockbuster Twilight saga has unleashed its sprawling finale, it's only fitting that speculation runs rampant about a spinoff that could keep the franchise undead for a little while longer.

Vampire-playing cast mates Daniel Cudmore and Charlie Bewley sure don't mind stirring up rumours with their own suggestions of life after Breaking Dawn — Part 2, and not surprisingly it involves more adventures for their mysterious side characters.

"You do wonder what will happen once this is all said and done," says Bewley, who plays Demetri, a member of an ancient ruling clan known as the Volturi.

"(There are) lots of willing people ready to start new subsidiaries of this saga, so that's just down to Lionsgate/Summit, (author) Stephenie Meyer and whoever's in the reckoning."

Last weekend's blockbuster debut came with whispers of possible ways for the supernatural series to live on. Screenwriter Melissa Rosenberg stirred the pot last month with a Facebook poll asking which vampire clan should get a spinoff and stars Robert Pattinson and Taylor Lautner each said they'd be open to a followup. Meyer, meanwhile, has reportedly said she's got plenty of story ideas but dismissed notions anything solid is in the works.

There's no question that an off-shoot could flesh out a supernatural world that expanded greatly in Breaking Dawn — Part 2.

The story, however, centres on lovestruck teen Bella Swan, played by Kristen Stewart, and her new life as a powerful vampire. Here, she's settling into domestic life with her century-old sire and husband Edward Cullen, played by Pattinson, and their magical half-vampire daughter, Renesmee.

THE CANADIAN PRESS

Finally, critical praise

Twilight actor Charlie Bewley says it's gratifying to see the fifth Twilight film being embraced by solid critical reviews after earlier installments took widespread beatings. "It's not made for everyone," he says. "(But) it was made for the people who made the book series so cult and popular in the first place."

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From McDonald's to boy bands

Morgan Spurlock. Oscar-nominated filmmaker sparks discussion with his new project with One Direction

NED EHRBAR
Metro World News in Hollywood

Oscar-nominated documentary filmmaker Morgan Spurlock (Super Size Me) announced last week that he would be directing a 3D concert film about the hit British boy band One Direction for theatrical release next September, with American Idol and the X Factor mastermind Simon Cowell producing.

"This is an incredible opportunity and an amazing moment in time for the band," Spurlock says in a statement. "To capture this journey and share it with audiences around the world will be an epic undertaking that I am proud to be a part of."

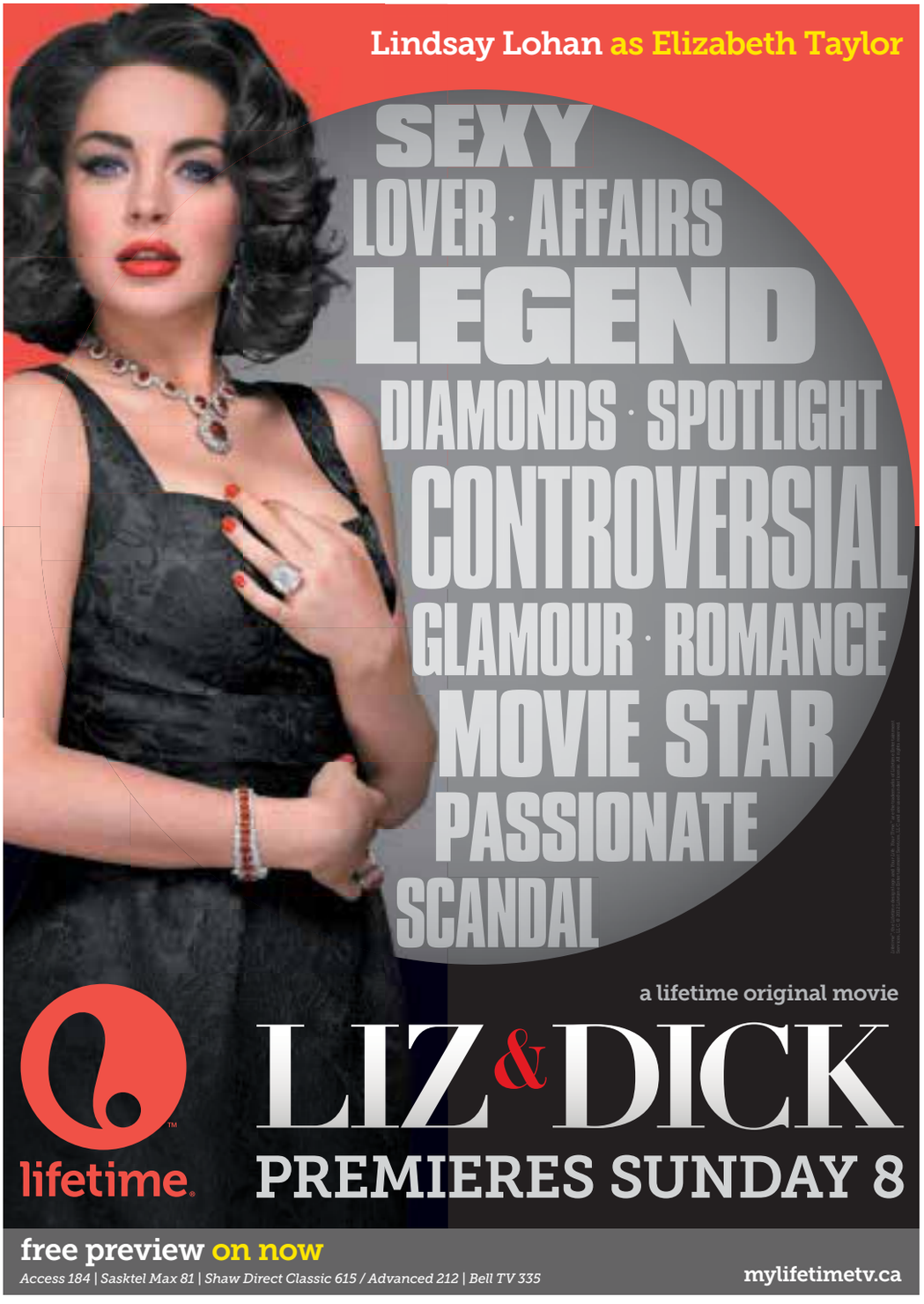
What's perhaps most surprising about the news, though, is how often the project has been referred to as a documentary in the press. While the trend has been to incorporate more and more backstage and offstage footage into concert films — as with last year's Justin Bieber film Never Say Never and Katy Perry's Part of Me earlier this year — do they really qualify as documentaries? Or does the label have to do more with Spurlock's involvement. We decided to check in with some experts.

"We have seen over time that the perceived definition of documentary film has radically changed. The one constant is that these films have continued to follow factual information about the subject they are documenting and that is important," Justin Krumb, director of the doc Minds in the Water, tells Metro. "So in the case of Spurlock's new project, I believe this a true documentary, in that sense of the word, but one that falls into a new sub-category that relates to the phenomenon of reality TV/celebrity power. What's missing that I'd love to see is how these films bring about social change. How they alter our feeling to go out and change the world in a positive way or call attention to an issue that needs to be addressed."

Some of Spurlock's colleagues are willing to wait and see how he fares with his new singing and dancing subjects before passing judgment. "I know a bit about the project and from what I understand I'm not sure it's a concert film at all," says Lucy Walker, an Oscar nominee herself for Waste Land and the Tsunami and the Cherry Blossom. "Why not let him explore all aspects of filmmaking and give him the benefit of the doubt until we've seen it?"

Morgan Spurlock has gone from documenting fast food to fodder for boy band fans. GETTY IMAGES

Morgan Spurlock is embarking on a 3D film project with One Direction. GETTY IMAGES



THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 23 TO THURS., NOV. 29. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Southland Mall
3025 Gordon Rd., 306-585-7442

Argo (PG) Fri 6:50-9:35 Sat-Sun 12:55-3:55-6:50-9:35 Mon-Thu 6-8:45
Cloud Atlas (14A) Fri 8:30 Sat-Sun 4:50-8:30 Mon-Thu 6:30
Here Comes the Boom (PG) Fri 7:15 Sat-Sun 1:45-4:20-7:15 Mon-Thu 6:05
Hotel Transylvania (G) Sat-Sun 1:15
The Man With the Iron Fists (18A) Fri-Sun 9:50 Mon-Thu 8:35
Pitch Perfect (PG) Fri 7:20-9:55 Sat-Sun 1:25-4:7:20-9:55 Mon-Thu 6:25-8:55
Rise of the Guardians (G) No Passes Fri 7:30-10:05 No Passes Sat-Sun 1:30-4:35-7:30-10:05 No Passes Mon-Thu 5:50-8:30 Star & Strollers Screening, No Passes Wed 1
The Sessions (18A) Fri 7-9:20 Sat-Sun 1:35-4:25-7-9:20 Mon-Thu 5:30-7:50
Skyfall (PG) Fri 7:05-10:10 Sat-Sun 12:40-3:45-7:05-10:10 Mon-Thu 5:15-8:25
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Fri 6:45-7:45-9:40-10:25 No Passes Sat-Sun 1:10-1:50-4:05-4:45-6:45-7:45-9:40-10:25 No Passes Mon-Thu 5:35-6:15-8:15-8:50 Star & Strollers Screening, No Passes Wed 1
Wreck-It Ralph (G) Sat-Sun 2
Wreck-It Ralph 3D (G) Fri 7:50-10:20 Sat-Sun 5-7:50-10:20 Mon-Thu 5:40-8:05

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit 26, 306-522-9098

Ballet in Cinema: The Pharaoh's Daughter From the Bolshoi Ballet (STC) Sun 12:55
Bon Jovi: Inside Out (G) Wed 7:30
CFL 100th Grey Cup Live on the Big Screen (STC) Sun 5
Flight (14A) Fri 4:10-7:10-10:10 Sat 1:05-4:10-7:10-10:10 Sun 1:05-10:10 Mon-Thu 7:10-10:10
The Flintstones (STC) Sat 11
Life of Pi 3D (G) No Passes Fri 4:05-7-9:55 No Passes Sat-Sun 1-4:05-7-9:55 No Passes Mon-Thu 7-9:55
Lincoln (PG) Fri 3:30-6:45-10 Sat-Sun 12-3:30-6:45-10 Mon-Thu 6:45-10
Red Dawn (PG) Fri 5:25-8-10:25 Sat-Sun 12:25-2:55-5:25-8-10:25 Mon-Thu 8-10:25
Rise of the Guardians (G) No Passes Sat-Sun 12
Rise of the Guardians 3D (G) No Passes Fri 5-7:35-10:05 No Passes Sat-Sun 2:30-5-7:35-10:05 No Passes Mon-Thu 7:35-10:05
Silver Linings Playbook (14A) Fri 3:50-6:55-9:50 Sat-Sun 12:50-3:50-6:55-9:50 Mon-Thu 6:55-9:50
Skyfall (PG) Fri 3:55-7:20-10:30 Sat-Sun 12:40-3:55-7:20-10:30 Mon-Thu 7:20-10:30
True Romance (STC) Mon 7:30
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Fri 4-4:40-6:50-7:30-9:40-10:20 No Passes Sat 11-1:10-1:50-4-4:40-6:50-7:30-9:40-10:20 No Passes Sun 1:10-4-4:40-6:50-7:30-9:40-10:20 No Passes Mon 6:50-9:40-10:20 No Passes Tue 6:50-7:30-9:40-10:20 No Passes Wed 7:30-9:50-10:20 No Passes Thu 6:50-7:30-9:40-10:20
Wreck-It Ralph (G) Sat-Sun 12:10
Wreck-It Ralph 3D (G) Fri 5:20-7:55-10:25 Sat-Sun 2:45-5:20-7:55-10:25 Mon-Thu 7:55-10:25

Kramer IMAX Theatre
2903 Powerhouse Dr., 306-522-4629

No Films Showing Today (STC) Mon
Sea Rex: Journey to a Prehistoric World 3D (STC) Fri 12:30-3-5:30-7 Sat 12:30-3-5:30-8:15 Sun 12:30-3-5:30-7 Tue-Thu 12:30-3-5:30-8:15
To the Arctic 3D (G) Fri 1:45-4:15-8:15 Sat 1:45-4:15-7 Sun 1:45-4:15-8:15 Tue 1:45-4:15-7 Thu 1:45-4:15-7
Tornado Alley 3D (STC) Wed 1:45-4:15-7

Paradise Cinema
1011 N. Devonshire Dr., 306-522-7888

Here Comes the Boom (PG) Fri-Thu 9:30
Hotel Transylvania (G) Fri 7 Sat-Sun 1:30-4-7 Mon-Thu 7
Pitch Perfect (PG) Fri 6:50-9:20 Sat-Sun 1:10-3:50-6:50-9:20 Mon-Thu 6:50-9:20
Golden Mile
3806 Albert St., 306-359-5250
Brave (G) Fri-Thu 1:25-4-6:55-9:35
The Dark Knight Rises (PG) Fri 2-7:20 Mon-Thu 2-7:20
Frankenweenie (G) Fri-Thu 1:35-3:50-6:50-9:55
Ice Age: Continental Drift (G) Fri-Thu 1:30-3:50
Looper (14A) Fri-Thu 1:15-3:45-6:45-9:25
Paranormal Activity 4 (14A) Fri-Thu 1:40-4-7-9:40
Seven Psychopaths (18A) Fri-Wed 1:10-3:45-6:35-9:20 Thu 3:45-6:35-9:20 Thu 1
Ted (14A) Fri-Thu 6:40-9:45
Trouble With the Curve (PG) Fri-Thu 1:20-3:55-6:30-9:30

Regina Public Library Film Theatre
23 11 12th Ave., 306-777-6104

Farewell, My Queen (PG) Thu 7
Inescapable (STC) Thu 9
No Films Showing Today (STC) Mon-Tue
Stories We Tell (PG) Fri 9 Sat 7 Sun 9
Tabu (STC) Fri 7 Sat 9 Sun 7
Wednesday Plus (STC) Wed 7

Sufjan Stevens, Diamond Rings, kick off the Christmas shopping season

Now that Black Friday is upon us, it's officially Christmas season. Tired of the same old holiday tracks? Then try these. But be careful.

SOUND CHECK
Alan Cross
scene@metronews.ca

Mr. Frosty Man/Sufjan Stevens

Indie darling Sufjan Stevens spends an unhealthy amount of time writing Christmas songs. Mr. Frosty Man features a Claymation video that involves a rampaging snowman and, er, zombies.

On the web

Want to hear these tunes? Visit metronews.ca/scene to listen to Alan Cross's selections.

Christmas in a Chinese Restaurant/ Diamond Rings

Not to be confused with the Canadian singer of the same name. This is a temporary group featuring members of Black Lips, Los Lobos and Deer Tick. It's sad.

LTE is here!

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Daredevil genius. The precocious Nolan Gould talks about life at 14

Nolan Gould, one of the younger stars of TV's Modern Family, may look innocent enough, but inside he's secretly a thrill-seeking daredevil with an IQ of 150. The actor, who recently celebrated his 14th birthday, has a simple life philosophy: Do something every day that could potentially harm you. Whoever handles the show's insurance policy must love that.

Nolan Gould's life philosophy? Do something every day that could potentially harm you. HANDOUT

I've heard you're certifiably a genius.
We actually had to do an IQ test for school purposes. I have a 150 IQ, and my brother actually has a 152 IQ, which is kind of annoying for me because now he can always say, "I'm smarter than you." And I'm a member of Mensa. It's really awesome. But actually, being smart never comes up in my ordinary life. Like, it's not something that I go and brag about. I actually tested out of high school. In California, you can take this exam, and I passed on my first shot. Legally, it means I don't have to do school, but of course, that would be really bad. I need an education. I'm only 14. So I'm going to continue, finish out the tenth grade and then maybe go on to do some college courses.

Would you want to eventually do something more mentally stimulating than acting?
Well, that's what school is for. All of the other activities don't really use my brain. I try to use the exact opposite of my brain and try to use, like, my body to do, like, crazy exercise stuff. I do parkour, which is this crazy new sport where it's, like, stunts and flips off walls and, like, jumping over stuff. It's pretty crazy. I get really hurt doing it. I do a lot of other stuff like hiking and camping — I'm a Boy Scout — or skydiving. Pretty much anything dangerous.

The studio doesn't get nervous about all that?
You know, our producer is always just saying, "Please don't hurt the actor," because I'm always doing such crazy stuff. But my philosophy on life — I actually do have a philosophy on life — is if you go a day without doing something that could potentially get you hurt, it's not a good day. Some people will not think it is a very good one, but I do.

What are you planning for today?
For today? I'm actually going to my parkour class. I do it up at a training gym. So we'll see if I get hurt today.

Yesterday was your birthday. What was the thing that was going to hurt you on your birthday?
I went paintballing, which hurts a lot. So yeah, I've already met my quota for the week by going paintballing.
NED EHRBAR/METRO WORLD NEWS

Julie Bowen cuts her parenthood teeth

Modern Family.
Scenarios on Emmy-winning sitcom give actress the prep needed for when her kids reach the teen years

NED EHRBAR
Metro World News in Hollywood

A two-time Emmy winner for her portrayal of Type A mom Claire on Modern Family, Julie Bowen appears to have wrangling teens down, dealing with the hormonal outbursts of her three onscreen kids. But at home, it's a different picture for Bowen, who has three much younger sons in real life — a five-year-old and three-year-old twins. Luckily, she's acting out situations familiar to most parents of teenagers on the show, so she'll be well-prepared for the parenting challenges facing her 10 years from now.

On how the show is training her for when her kids are older:
"It is training as far as saying, like, 'No. Do it. No arguing. Clean this.' The idea that you are supposed to be best friends with your kids and they are supposed to love you and you are supposed to hang out and be buddies — and I have those moments every day — but it invariably ends in, 'Well, if we are best friends, can I eat chocolate in bed while watching TV?' 'No.' 'Why?' 'Because you can't.' And then it turns into just boundaries and mom, and Claire is very helpful there. Claire has a lot of boundaries."

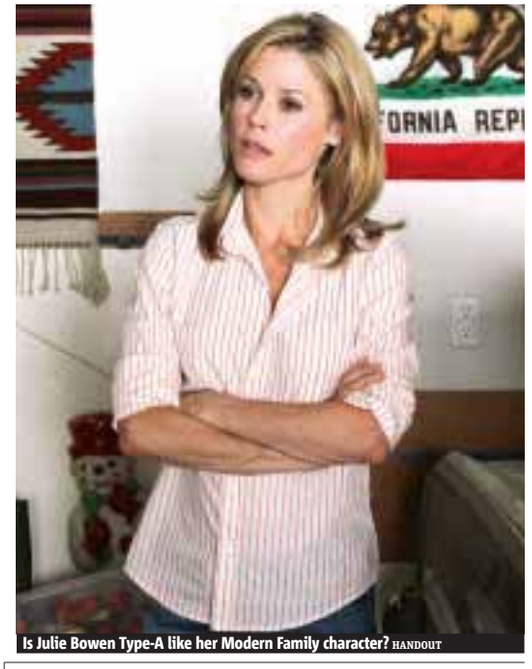
On the truth about her work-home balance:
"My kids keep me much busier than work. Work is wonderful, and it's where I come to take a nap. I had one this morning. It was fantastic. I have to be to work at six, and then they do my hair and makeup, and then we had a rehearsal. And then they had an hour where they were setting up. I immediately go to sleep wherever I am. I just lie down and sleep. I can hardly wait. At home that doesn't happen."

On having realistic expectations for healthy eating:
"You know, I try to get my kids to eat one green thing a day, and if I do, I win. I eat very well, but my kids … I think that there are realistic expectations. I don't feed them sugar and junk food all day long at all, but they want buttery noodles with every meal. They basically want fat and carbs and cheese, and they are going to get it in whatever form. So I slap down some broccoli, and they have to eat it or else I'll be mean to them. But if you are boiling water and putting in your own pasta and butter and Parmesan cheese, it really is a healthy meal. It's just not very well-balanced if you are not throwing some vegetables and some protein in there. So you've kind of got to look at the week as a big picture. I look at the week as one big meal for my kids as opposed to every single day and every single meal being perfectly structured. It doesn't work like that. My kids are awful."

On her Emmy win — and attention-grabbing acceptance speech:
"I got more comments on the fact that I thanked my nannies, which is a word that I hesitate to use because it makes me sound like I have Mary Poppins floating around my house. But I do have two different women without whom I could not live or do my job."

Quoted

"My kids keep me much busier than work. Work is wonderful, and it's where I come to take a nap. I had one this morning" Julie Bowen



Is Julie Bowen Type-A like her Modern Family character? HANDOUT

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bieber and Gomez trying to iron out kinks in relationship

THE WORD
Dorothy Robinson
scene@metronews.ca

Justin Bieber and Selena Gomez are actually back together and trying desperately to make their relationship work amid all the public scrutiny, a source close to the pair tells Radar Online. "The problem between them stemmed from Justin texting other girls," the source explains. "Selena is embarrassed by what he did because it makes her look stupid, that he would talk to these other girls, and she is also embarrassed that everyone is so invested in their relationship now because of his actions." And as for their dinner date in L.A. last week that ended with Gomez storming out? "There was no blow-up," the source says. "Selena is just super-embarrassed by all of this attention, and she got upset when they sat down and people were staring and pulling out their cellphones."

Kristen Stewart

Craig (eventually) gives Stewart Bond girl blessing

When asked if she'd be interested in playing a Bond girl, Twilight star Kristen Stewart gave an emphatic, "Yes, hell yeah!" But not so fast, young lady. You have to get by Daniel Craig first. "No, she's in Twilight," Craig says during an interview in Australia. But he quickly laughed off his rancor, clarifying, "I've no problem with Kristen Stewart, I'm being nasty. I'm only saying that because (Breaking Dawn — Part 2) is coming out this weekend. We're in direct competition with them. And I'm sure she'd make a great Bond girl."

Mayim Bialik

Big Bang's Mayim Bialik announces divorce from Michael Stone

Mayim Bialik and husband Michael Stone are divorcing after nine years of marriage and two children, the actress announced in a blog post on parenting site Kveller this week. "After much consideration and soul-searching, Michael and I have arrived at the decision to divorce due to 'irreconcilable differences,'" the Blossom and Big Bang Theory star writes. "Divorce is terribly sad, painful and incomprehensible for children. It is not something we have decided lightly."

Taylor Swift ALL PHOTOS GETTY

Swift flirtations from Taylor and Harry Styles

As rumours emerge that Taylor Swift and One Direction member Harry Styles are dating, new details are coming out about their flirt-filled meeting at an X Factor rehearsal earlier this month. "They lit up when they saw each other," a source tells Us Weekly, adding that the pair spent most of the day together and that Swift "was a puppy dog" with Styles. And after being spotted walking hand-in-hand on set, the boy band star opted for a dramatic exit: "Harry picked her up and carried her to the trailer," the source says.

Twitter

@EvaLongoria
Omg, this white/grey owl just landed on my balcony 5 feet away from me! Doesn't that symbolize something??!!

@ParisJackson
Can they make a settings for when you type on an iphone it makes a typewriter clicking sound and when you send a text it goes "cha-ching"

@ParisHilton
At home relaxing watching Honey Boo Boo. She is such a lil character, love her! Such a funny cute show. Lol

@EmWatson
I never feel so accomplished as when I open a tough jar.

Maple Bacon Butter Pizza: Foodie touchdown

Grey Cup snacks. This delicious pizza has the perfect Canadian touch for the big game

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 3 tbsp butter, softened
- 3 tbsp granulated maple sugar
- 20-oz ball prepared pizza dough, room temperature
- 1 cup grated mozzarella cheese
- 12 oz bacon, cooked and crumbled
- 8-oz ball fresh mozzarella, sliced

Predictably, the Internet abounds with recipes for pizza made with maple-cured bacon. But to truly take it to the next level — and make it uniquely Canadian — maple syrup is involved, as is an ample helping of butter to keep things interesting.

The result is this Maple Bacon Butter Pizza, which is refreshingly simple. A basic crust topped first with mozzarella, then cooked bacon, then more mozzarella and finally dollops of maple compound butter (made by blending softened butter with granulated maple sugar) is all it takes.

1. Heat the oven to 500 F. Lightly coat a baking sheet with cooking spray.

2. In a small bowl, mix together the butter and maple sugar until well blended. Set aside.

3. On a lightly floured surface, carefully roll out the pizza dough to about a 14-inch circle. You may need to use your hands to stretch the dough if rolling alone doesn't work. Transfer the dough to the prepared baking sheet.

4. Sprinkle grated mozzarella cheese evenly over the dough. Top the mozzarella with the bacon, distributing it evenly over the pizza. Arrange the slices of fresh mozzarella over the bacon. Using 2 spoons, scoop and dollop the maple sugar butter evenly over the pizza. The dollops do not need to be spread; they will melt in the oven.

5. Bake for 12 to 15 minutes, or until the crust is puffed and browned and the cheese at the centre of the pizza is lightly browned. Let the pizza rest for 5 minutes before slicing.

THE ASSOCIATED PRESS

Liquid Assets

A hint of Canadiana

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Time sure flies when you're sniffing, sipping and spitting (well, mostly) to please readers. I should know. This is my 200th Liquid Assets column for Metro.

I'm not the only one acknowledging a major milestone this weekend. On Sunday, The Grey Cup is raising a glass in celebration of a century of guys tossing a football back and forth.

I admit I don't know much about the game. What I do know is whisky, and the anniversary-inspired Gibson's Finest 100th Grey Cup Limited Edition ($29.95 to $33.29) will put an all-Canadian flavour profile (along with a touch of maple goodness) into your glass.

After a few failed attempts to infuse established whiskies from its portfolio with the sweet stuff, Gibson's official Malt Master created a special blend that includes maple syrup as part of the recipe.

The finished spirit is relaxed and soothing with a soft, smoky aroma that releases hints of tropical fruits and caramel. In the mouth, a rich expression of malt is massaged by an undercurrent of vanilla and just a whisper of maple sugar that makes it an ideal whisky to sip on while watching the big game. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

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SPORTS 4

AS USUAL, IT'S A TALE OF TWO QUARTERBACKS

CFL EXTRA POINTS
Dan Toth
regina@metronews.ca

Calgary at Toronto, Sunday, 5:30 p.m. (TSN)

It should be no surprise that in a quarterback-driven league, the biggest story heading into the 100th Grey Cup game on Sunday is the remarkable twists of fate experienced by the two starting passers.

Calgary's Kevin Glenn and Toronto's Ricky Ray couldn't have imagined their current status a year ago. Last November, Glenn, entrenched as the starter in Hamilton, had just led his Ticats to a triumph over Montreal and into the East final. Ray, seemingly untouchable as a legend in Edmonton, was expected to play out his career as an Eskimo. Fast-forward to today and Glenn has emerged as the Stampeders' surprising playoff leader and hero heading into the Grey Cup Sunday at Rogers Centre in Toronto. Ray, swapped by then-Esks GM Eric Tillman for little more than a handful of magic beans, is suddenly tasked with leading the Argos in their first "home" Grey Cup in 20 years.

The trade was so one-sided, some CFL followers still believe the Ray transaction was orchestrated by the league to help the Argos compete for the centennial Grey Cup at home. Conspiracy theorists also suggest the trade was made to appease Argos owner David Braley, who also holds the purse strings in Vancouver and may have saved both teams (and the league) from extinction.

Ray is also expected to stoke the dying embers of CFL enthusiasm in Toronto, where the fan base would apparently prefer to attend a Buffalo Bills pre-season game than cheer on the Argos, North America's oldest football franchise.

While Ray is a former Grey Cup champ as an Eskimo, Glenn's closest brush with the title occurred in the 2007 East final. Despite winning the game, Glenn suffered a broken arm and was sidelined for the championship game.

No matter who wins Sunday, the 2012 Grey Cup champs will be led by a quarterback whose story will dominate the headlines Monday morning.

Season series: The Argos won both matchups this season, 39-36 at home in Week 2 and 22-14 at McMahon. The Week 2 contest in Toronto saw Stamps starter Drew Tate sidelined for the rest of the regular season with a dislocated shoulder. The Argos have won five consecutive games against the Stamps dating back to 2010.

Grey Cup history: This will mark the third Grey Cup meeting between the two franchises. Calgary slipped past Toronto 14-11 in the '71 cup, best remembered for the Leon McQuay fumble. Toronto captured a 36-21 win in the '91 contest at Winnipeg, one of the coldest Grey Cups on record.

Pick: Calgary by 2

OHL

Pats wrapping up West Coast trip

The Regina Pats will be travelling to Kelowna this Friday to face off against the Kelowna Rockets in the last game of a West Coast road trip.

The Pats will be coming off a high note as they managed to beat the No. 1 team in the B.C. Division, the Kamloops Blazers, 2-1 on Wednesday, bringing their overall record to 11-12-1.

However, the Pats may have a tough time toppling the Rockets as they'll be looking to pick up a win after a 3-2 loss against the Tri-City Americans on Nov. 17.

The faceoff for Friday's game is at 9:05 at Prospera Place in Kelowna.

After Friday's game the Pats will be back in Saskatchewan to face the Prince Albert Raiders on Nov. 30.

METRO

CIS

Quinlan takes top award

Kyle Quinlan is the top player in Canadian university football.

The fifth-year McMaster Marauders quarterback won the Hec Crighton Trophy on Thursday night at the CFL Player Awards.

Quinlan led the nation with 19 touchdown passes and just two interceptions, while finishing second in passing yards per game (307.1), third in total passing yards (2,407) and second in completion percentage.

THE CANADIAN PRESS

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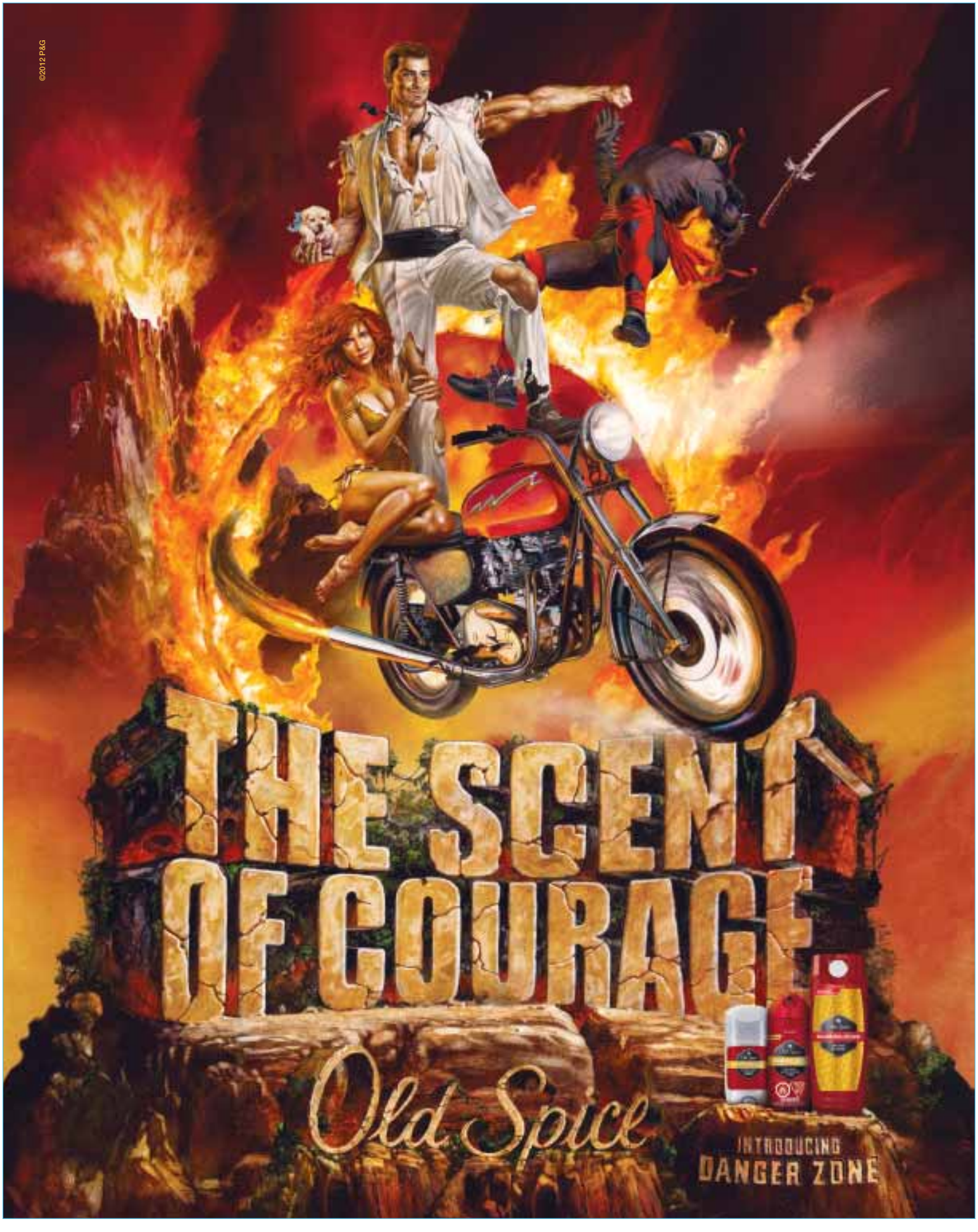
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Stampeders fans getting warm welcome from hosts

Grey Cup. Calgary mascot allowed to parade through Royal York Hotel, invoking tradition from 1948

As Toronto gears up to host Sunday's historic Grey Cup, fans of the Calgary Stampeders are bringing some western flair to the city.

"We're just going to kick up our heels and party it up now," said Brad Greenslade, a member of the Calgary Grey Cup Committee. "We're here to paint this town Calgary!"

Donning Stampeders red and a white cowboy hat, Greenslade says he and the other 60 committee members have been spreading cowboy spirit since they began arriving in the city over the past few days.

And so far, Toronto has embraced it.

On Thursday, the group's chairman trotted a horse named Marty through the front doors of the upscale Fairmont Royal York Hotel as a crowd of cheering fans hooted and chanted, "Go Stamps go!"

Greenslade says the horse stunt brings Calgary luck and he's happy they were able to recreate it for the 100th Grey Cup. The Stampeders will face the hometown Argonauts in the big game Sunday at Rogers Centre.

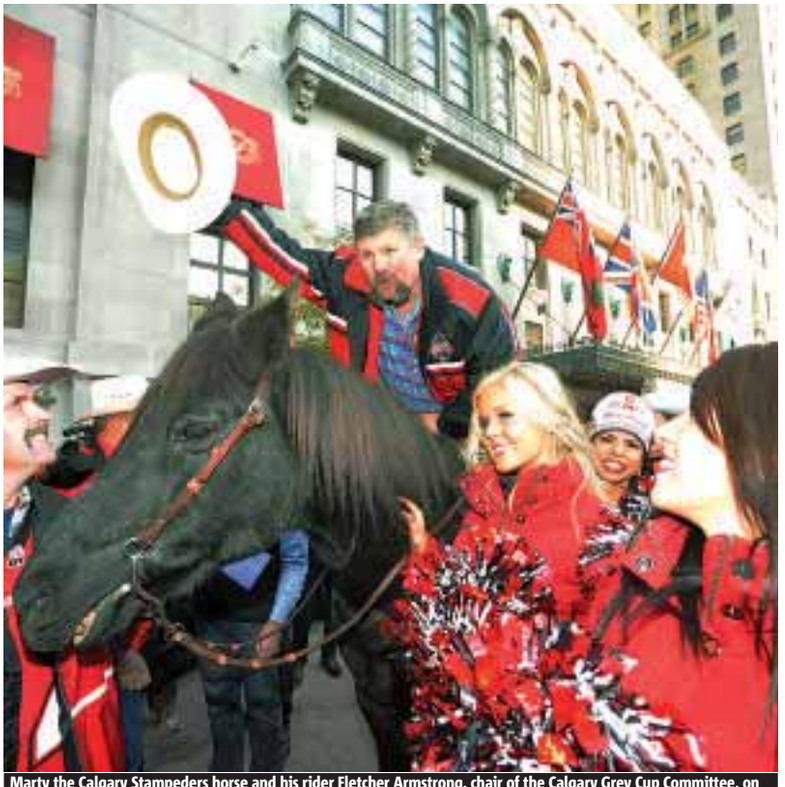
Earlier in the day, the 15-year-old dark-brown stallion was turned away due to safety concerns.

The hotel rolled out its official red carpet, usually reserved for royalty and heads of states, and even prepared a bucket of apples and carrots for his arrival. But the Royal York stopped short of letting the animal through its front doors.

Hours later, after the Calgary fans took Marty to various spots around the city — including TV stations and an Irish pub for some apples and beer — the Royal York changed its mind about their four-legged guest.

Also Thursday, the CFL announced it had reached a compromise with the Stamps about one of their other traditions.

The league says it will allow the team's horse mascot Quick Six and rider Karyn Drake to be on the sidelines during the game, but won't let the animal gallop alongside the field when Calgary scores due to a lack of available space and safety concerns. THE CANADIAN PRESS



Marty the Calgary Stampeders horse and his rider Fletcher Armstrong, chair of the Calgary Grey Cup Committee, on Thursday in Toronto. COLIN MCCONNELL/TORSTAR NEWS SERVICE

CFL awards

Chad Owens wins outstanding player prize

The Flyin' Hawaiian is the CFL's outstanding player.

Versatile Chad Owens of the Toronto Argonauts claimed the honour Thursday night at the league's awards banquet. The 30-year-old native of Hawaii got the nod ahead of Calgary Stampeders running back Jon Cornish in voting conducted by the Football Reporters of Canada as well as the eight CFL head coaches.

The 2012 season has been a magical one for both Owens and the Argos.

Owens led the CFL in receiving (94 catches for 1,328 yards and six TDs) and return yards (2,510) and accumulated a league-record 3,863 all-purpose yards. Owens, affectionately dubbed the Flyin' Hawaiian, is a big reason why Toronto is making its first Grey Cup appearance since '04.

Cornish was named the CFL's top Canadian.

Edmonton Eskimos linebacker J.C. Sherritt won the top defensive player award. The other award winners were Hamilton receiver Chris Williams (top special-teams player); Lions offensive lineman Jovan Olafioye (outstanding lineman); and Winnipeg receiver Chris Matthews (top rookie).

THE CANADIAN PRESS

Six Grey Cup moments to remember

The championship game has created some wild and memorable moments. Here are six that went down in CFL history:

THE CANADIAN PRESS

Photos by The Canadian Press/Torstar News Service/Getty Images/Allsport

2002

Anthony Calvillo hit Ottawa native Pat Woodcock on a record 99-yard TD strike to lead Montreal past Edmonton 25-16 at Commonwealth Stadium. It was the Alouettes' first Grey Cup win since '77 and head coach Don Matthews' record-tying fifth CFL title.

1996

Edmonton receiver Eddie Brown made a sensational catch in snowy conditions against Toronto at Ivor Wynne Stadium. The ball went through Brown's hands and bounced up off his foot. Without missing a step, Brown gained control and went 64 yards for the touchdown. But the Argos won the Snow Bowl by a 43-37 score.

1994

Lui Passaglia's 38-yard field goal with no time showing gave the B.C. Lions a 26-23 win over Baltimore at BC Place. It was the first-ever CFL title game that featured a Canada-U.S. matchup. Passaglia had missed a 37-yard try with 1:02 remaining.

1991

Raghib (Rocket) Ismail had a then-record 87-yard kickoff return for a touchdown to lead Toronto past Calgary 36-21, bringing success to the Argos ownership group that consisted of John Candy, Wayne Gretzky and former L.A. Kings owner Bruce McNall. Argos quarterback Matt Dunigan played despite a broken collarbone.

1989

Dave Ridgway's 35-yard field goal with two seconds left earned Saskatchewan a wild 43-40 win over Hamilton. Ticats star Tony Champion, who had two touchdowns despite playing with broken ribs, made a brilliant backwards diving grab that tied the score 40-40.

1977

On a hard, icy field at Olympic Stadium, Alouettes players Tony Proudfoot and Wally Buono came up with the idea of using staples on the bottom of the teams' shoes to increase traction. The move worked, as Montreal waltzed past Edmonton 41-6.

Detroit Lions head coach Jim Schwartz, left, talks with NFL official Jerry Bergman during a disputed play against the Houston Texans in Detroit on Thursday. Because Schwartz threw the flag on a disputed touchdown play, the play could not be reviewed. The Texans won the game in overtime 34-31. LEON HALIP/GETTY IMAGES

Schwartz sees red in tough overtime loss

CFL. Lions coach makes costly mistake in throwing challenge flag

Jim Schwartz threw a challenge flag when he didn't need to and the Houston Texans made him regret it.

Shayne Graham's 32-yard field goal with 2:21 left in overtime lifted Houston to a 34-31 win over the Detroit Lions on Thursday after their coach broke an NFL rule by attempting to challenge a scoring play.

"Obviously that's a big break in the game for us," Houston coach Gary Kubiak said. "But I think you make your breaks when you work your tail off."

Detroit kicker Jason Hanson had a chance to get Schwartz off the hook, but his 47-yard field-goal attempt on the fifth possession of the extra period hit the right upright.

Lions defensive end Kyle Vanden Bosch did, too, on the previous possession when he couldn't intercept a pass Matt Schaub threw directly at him deep in Houston territory.

Detroit might've won in regulation if its coach didn't make a costly mistake.

Schwartz threw a red challenge flag when Houston's Justin Forsett scored on an 81-yard touchdown run in the third quarter after two Lions tackled him.

Replays showed Forsett's left knee and elbow hit the turf near midfield, and the automatic review that accompanies all scoring plays probably would have taken the TD off the board.

But NFL rules say that throwing the challenge flag on a scoring play negates the review — and is an unsportsmanlike conduct penalty to boot.

"There should be no blame on Schwartz or the coaches," Detroit defensive lineman Kyle Vanden Bosch said. "I mean, there's enough plays left out there, enough plays that we could have made. There were 70-plus minutes."

THE ASSOCIATED PRESS

Quoted

"I knew the rule — you can't challenge on a turnover or a scoring play — but I was so mad that I overreacted" Detroit Lions coach Jim Schwartz

Week 12

Texans	Lions
34	31

NFL. RG3 lights up the Cowboys on his return to the Lone Star State

Welcome back to Texas, RG3.

Robert Griffin III threw for 311 yards and four touchdowns, helping the Washington Redskins beat the Dallas Cowboys 38-31 on Thursday.

The Heisman Trophy winner from Baylor made the Cowboys look like an overmatched college team during the decisive second quarter in Griffin's first pro game in his home state. He got some help from his receivers, including a leaping grab and long run from Pierre Garcon and some nifty footwork in the end zone by Santana Moss.

Tony Romo lost for the first time in six starts on Thanksgiving, despite a career-high 441 yards and three second-half touchdowns, including the longest of his career — an 85-yarder to Dez Bryant. Romo ran in a two-point conversion after a TD throw to Felix Jones and threw another scoring pass to Bryant to help Dallas close to 35-28 with 8:24 remaining after the Cowboys trailed 28-3 at halftime.

"I thought we had a good chance," Romo said.

But Griffin answered — twice, actually. After Romo's long touchdown to Bryant, Griffin threw his fourth scoring pass, a 29-yarder to Niles Paul. The rookie became the first Redskins quarterback to throw four touchdown passes in consecutive games.

After the Cowboys pulled within a touchdown, Griffin drove into scoring position again, completing three passes for first downs and running 5 1/2 minutes off the clock before Kai Forbath made it 38-28 on a field goal. THE ASSOCIATED PRESS

More at metronews.ca

- Visit metronews.ca/sports for the result of last night's Patriots-Jets game.

Robert Griffin III on Thursday in Dallas. GETTY IMAGES

Lockout

Hamrlik breaks rank with call for union vote

The first true friction within the NHL Players' Association turned up rather quickly after the NHL had rejected the union's latest proposal.

It was Roman Hamrlik, a 38-year-old defenceman scheduled to earn $3.5 million US, who called out for a vote in a Czech newspaper. Hamrlik is one of a handful of NHLers — like Teemu Selanne and Martin Brodeur — who is going through his third lockout.

"There should be voting between players," Hamrlik reporters in Czech on Wednesday. "If half of players say let's play, then they should sign new CBA. If there is no season he (Donald Fehr) should leave and we will find someone new. Time is our enemy."

Hamrlik was taken to task by other NHLers for breaking ranks, including Erik Cole.

TORSTAR NEWS SERVICE

MLB

Johnson open to extending stay

Josh Johnson would be open to signing a contract extension to stay in Toronto beyond the 2013 season, his agent says.

But the Blue Jays have not yet approached him about such a deal.

"It hasn't come up in any of our conversations," said Matt Sosnick, who represents the pitcher, one of the five players the Jays acquired in a blockbuster trade with the Miami Marlins last week.

TORSTAR NEWS SERVICE

CIS football

McMaster, Laval to renew rivalry in Vanier Cup

The 47th Vanier Cup in Vancouver, which was played a year ago Sunday, saw the McMaster Marauders defeat the Laval Rouge et Or 41-38 in double overtime.

The 48th edition goes Friday (7:30 p.m., TSN) at Rogers Centre in Toronto, with the undefeated and No. 1 Marauders (11-0) facing No. 2 Laval (11-1).

The crowd is expected to top the record of 32,847 at the 1989 Vanier Cup.

"The only place we could (get) revenge is back here," said Laval head coach Glen Constantin.

TORSTAR NEWS SERVICE

Stubborn Thomsen still flying high against the odds

Skiing. Canadian team member posts 17th in training runs ahead of season-opening World Cup downhill

Canada's Benjamin Thomsen races down the hill during the second men's downhill training run of the Lake Louise Winterstart World Cup in Lake Louise, Alta on Thursday. JONATHAN HAYWARD/THE CANADIAN PRESS

Ben Thomsen nearly fell through the cracks a few times during his ski career.

On the verge of dropping out of the sport — and sometimes encouraged to do so by those around him — Thomsen is on the Canadian team because of his own stubbornness and an assist from a teammate.

"There was a couple of times I thought 'it's absolutely not possible,"' the 25-year-old said Thursday at Lake Louise, Alta. "It was not happening. I could barely pay rent.

"It was very tough, some of the situations I was in. I kept telling myself 'It will happen. You'll break through and it will be that much better. It will make it worth it.' It has."

Thomsen was released from the B.C. provincial team at age 20. He wasn't getting the results in Nor Am races to stay on the team.

"There is criteria and I wasn't meeting that criteria, so I had to go on my own," Thomsen said. "I went into debt too when I was on my own. That kind of sucked."

A lighter racer at five foot seven and 176 pounds, Thomsen struggled on courses that favoured gliders. The belief he could excel on steeper, tougher courses if he ever got to race on them kept him in the sport.

At races, people expressed surprise he was still competing. Two years ago, Thomsen was living in a garage converted into an apartment in the industrial area of his hometown of Invermere, B.C.

To make the national team, he needed to attend fall training camps and pay his own way to World Cup races during the 2010-11 season to earn the necessary points.

Thomsen's job mixing concrete wasn't going to pay those bills. Canadian team skier Manny Osborne-Paradis worked out a deal with his own sponsors to funnel cash to Thomsen.

"We don't have a lot of depth in Canada and if someone has a chance to do well, I just would like to see them given that chance." Osborne-Paradis explained. "

Thomsen was 16th in a World Cup downhill in Val Gardena, Italy, that season and posted top-20 results in both downhill and super-G at the 2011 world championships.

Those results made him a funded member of the men's team in 2011-12. Thomsen finished in the top-10 four times, including a breakthrough World Cup silver on the 2014 Olympic course in Sochi, Russia.

"That was a huge stepping stone for me. Two years ago, before that, I was mixing concrete and didn't know if I was going to ski race again. For things to change that much, to be ranked in the top 15 in the world, it's been a whirlwind."

Thomsen was 17th on Thursday in the second of three training runs for Saturday's season-opening World Cup downhill. Erik Guay of Mont-Tremblant, Que., was the top Canadian in sixth.

THE CANADIAN PRESS

CFL a reflection of Canada's culture: Commissioner

CFL commissioner Mark Cohon applauds as former Ottawa Rough Rider and three-time Grey Cup champion quarterback Russ Jackson carries the Grey Cup in the House of Commons on Oct. 24 in Ottawa.
SEAN KILPATRICK/THE CANADIAN PRESS

JESSICA SMITH
Metro in Toronto

From the country's east-west divide to the way we define ourselves as different from the United States, when Canadians look at the culture of the CFL, it's just like looking in a mirror.

For example, Canada's history as a country shaped by immigration is shown in the stories of athletes who came here to play, CFL commissioner Mark Cohon said. "That's the story of Chuck Ealey, one of the best black quarterbacks in NCAA who wasn't drafted to the NFL because of the colour of his skin. He came to Canada and won a Grey Cup with the Tiger-Cats."

Regional divisions and rivalries are true in life and in CFL fandom.

"When you talk about Canada, you talk about the competition between the Western provinces and Ontario, the central provinces. Toronto is the natural city that people across the country want to hate," said Cohon.

The decision to host the 100th Grey Cup game in Toronto was partially a bid to grow the comparatively lacklustre enthusiasm for the game in Ontario, he said.

"We're seeing the fruits of that labour starting to pay off with the increased attendance at the Argos, increased viewership, increased interest at the high school level, kids playing the game," Cohon said.

It won't just be Argos fans at the Rogers Centre on Sunday, and that's the most important thing, said Cohon.

"One of the beauties of the Grey Cup is the people in the stadium all wearing different jerseys. Their affinity is to different teams, but they all get along — and that a reflection of the country as well," he said. "It's also a time where people pause and come together, whether they're in the stadium or watching it on TV. Millions and millions will sit in their living rooms or go to bars and restaurants and be with their friends."

Quoted

"It's a time where we reflect on what it means to be Canadian."

CFL commissioner Mark Cohon on the cultural significance of the Grey Cup

More at metronews.ca

- Visit metronews.ca on Sunday for live blogging of the 100th Grey Cup.

Horoscopes

Aries
March 21 - April 20
Mars, your ruler, is at odds with Uranus, planet of surprises, so expect something surprising to happen. Whatever it may be, try not to overreact. You don't want to make a difficult situation even worse.

Taurus
April 21 - May 21
Let everyone know what you can do today. Blow your own trumpet. The fact of the matter is there are few who can match you for energy or excellence. You have a right to be pleased with yourself.

Gemini
May 22 - June 21
There is a danger today that you will act too quickly and make a silly mistake, which could set back your plans by weeks or even months. Check all facts and figures for yourself. Don't be too trusting.

Cancer
June 22 - July 23
A partnership problem will only be resolved if you resolve to work for a solution that all sides find fair. It does not matter if you are right and they are wrong, it matters only that everyone is happy.

Leo
July 24 - Aug. 23
Mars in the wellbeing area of your chart warns that you must know your limits. Don't push too hard or too fast today, or you may need to spend tomorrow and the weekend recovering from your exertions.

Virgo
Aug. 24 - Sept. 23
At some point today, you will have to decide to push ahead with a project without the help of those you had previously counted on. But that's Ok. You don't need them. You're quite capable of getting it done yourself.

Libra
Sept. 24 - Oct. 23
Disputes of one kind or another are likely today but that's fine. The air has to be cleared every once in a while and now is as good a time as any. As always, your sense of fair play will see you through.

Scorpio
Oct. 24 - Nov. 22
Don't let anyone talk you out of what you are planning to do. They may say they are trying to save you from disaster but the truth is they don't want to see you succeed. It's called envy. Push on.

Sagittarius
Nov. 23 - Dec. 21
There is no point in trying to convince a friend that your way of doing things is best, even though it clearly is, because they don't want to believe you. You will have to do it alone and you'll do better that way.

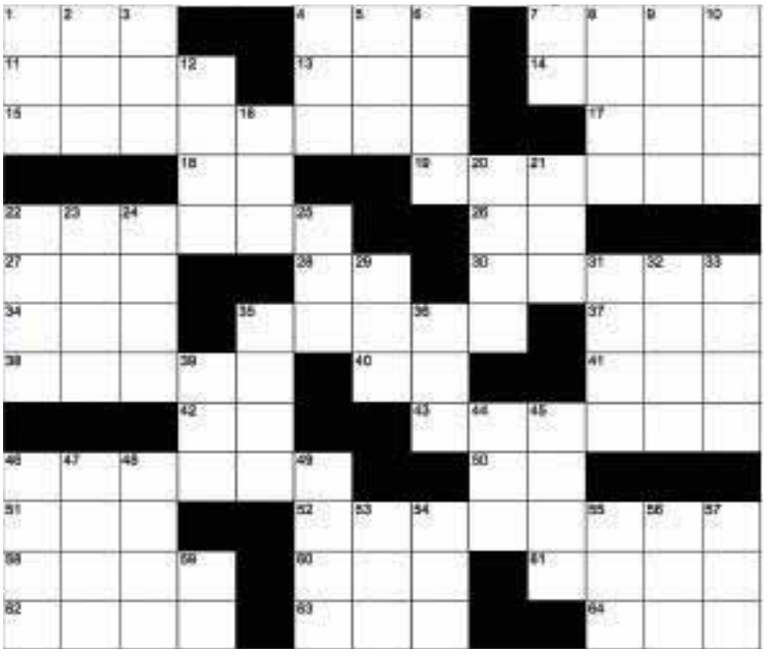
Capricorn
Dec. 22 - Jan. 20
You need to sit down and draw up a list of priorities. If you don't, you will waste a great deal of time and energy on matters that are of no real importance. Your time is precious. Don't waste it.

Aquarius
Jan. 21 - Feb. 19
Why are you convinced that others want to do you harm? Why do you think you have secret enemies? It's not true. It's just your mind playing tricks on you, so be positive and act as if everyone is your friend.

Pisces
Feb. 20 - March 20
It's time to take action. For too long you have been sitting around planning what you are going to do some day. But that day may never come unless you get out and about and make things happen. Do it now. SALLY BROMPTON

Crossword

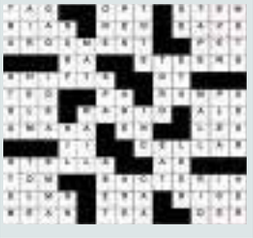
BY BETTY MARTIN



Across
1. Actor Aykroyd
4. Craze
7. Boxing term
11. Operatic solo
13. Inlet
14. Heavenly crown
15. Pocketbook
17. — the season
18. Gone with the Wind actress Olivia – Havilland
19. Candies
22. Steps
26. Plural suffix
27. Royal Ontario Museum (abbr.)
28. Deal – No Deal
30. Witches magic
34. Target
35. Thing of value
37. Foot digit
38. Braid
40. Poet Eliot
41. Baby
42. Talk show host of past (init.)
43. Halloween candies
46. Naps
50. Over achiever (abbr.)
51. Buddy
52. Bring this at mealtime
58. Used in paintings
60. Glee actress — Michele
61. Shoo
62. London bus
63. Sea eagle
64. Time frame

Down
1. Touch up lightly
2. Entourage role
3. Zero
4. To and —
5. Sickly
6. My Two —
7. Saint Helena internet country code
8. Hors D'Oeuvre served with crackers
9. Aglow
10. David Schwimmer in Friends
12. M*A*S*H actor
16. FBI agent
20. East Meets —
21. Extra Sensory Perception (abbr.)
22. Ensnare
23. Vex
24. Actress Thompson of "Nanny McPhee"
25. Distress signal
29. Letters between Q and U
31. Singer James
32. Robbers getaway
33. — Make a Deal
35. Apex
36. Superlative ending
39. Anger
44. Eggs
45. Food Network Canada's: Good —
46. See — Run
47. Den
48. Jazz great Fitzgerald
49. Store mark-down
53. Apiece (abbr.)
54. Kitchen utensil
55. Rapper: — T
56. Pavement goo
57. Airport information
59. Size before Med. and Lg.

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

			5				8	9
2	3				7			
9				3			1	7
	6			8		7		
1								5
		2		4			6	
6	5			7				8
			1				4	3
4	2				9			

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